



fall
2019






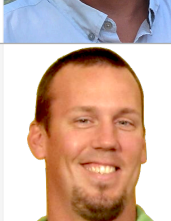
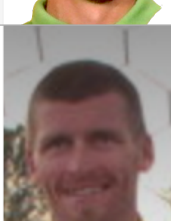
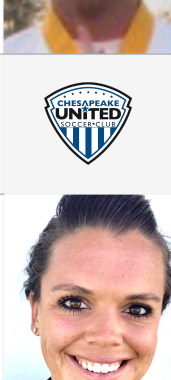

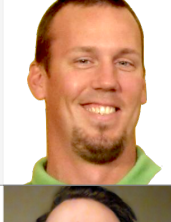
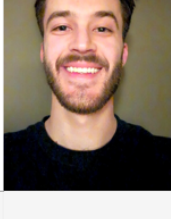
spring
2020

Chesapeake United Competitive Program Coaching Slate


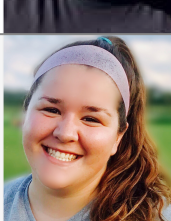
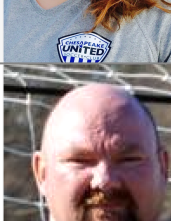
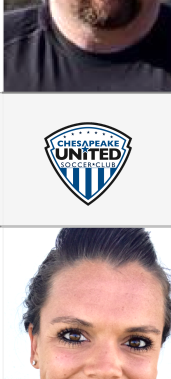


DIRECTORS

| | | | |
|-----------------------------|----------------|---|--|
| Technical Director | Kristin Carden |  | <ul style="list-style-type: none"> • USSF "C" License • United Soccer Coaches Diplomas: Director of Coaching, Small-Sided Games, Technical Development of the Competitive Player, Youth Club Administrator Professional Development • Goalkeeping Level 1 & 2 Diplomas • Former Division 1 College Soccer Player: 4 Year Starter (Virginia Tech & Virginia Commonwealth), 4 Year All-Conference Player (ACC, CAA, Atlantic 10) • NSCAA All-American |
| Goalkeeping Director | Tony Cowell |  | <ul style="list-style-type: none"> • Goalkeeping Level 1, 2 & 3 Diplomas • USSF "D" License • La Liga Methodology Level 3 Certification • 8+ Years Coaching with Chesapeake United • Former Great Bridge High School Varsity Soccer Player |

BOYS U9 - U19

| BIRTH YEAR | TEAM | COACH | CREDENTIALS |
|---------------------|----------------|----------------|--|
| 2011 (U9) | '11 BOYS BLACK | Sean Holl |  <ul style="list-style-type: none"> • NSCAA Advanced Regional Diploma • La Liga Formation Methodology Certification • USSF "E" License • Olympic Development Program Evaluator • 13 Years Coaching Experience |
| 2011 (U9) | '11 BOYS BLUE | George Miller |  <ul style="list-style-type: none"> • USSF "B" License • USSF National Youth License • USC Advanced National Diploma • Goalkeeping Level 1 Diploma • 25+ Years Coaching Experience |
| 2010 (U10) | '10 BOYS BLACK | Sean Holl |  <ul style="list-style-type: none"> • NSCAA Advanced Regional Diploma • La Liga Formation Methodology Certification • USSF "E" License • Olympic Development Program Evaluator • 13 Years Coaching Experience |
| 2010 (U10) | '10 BOYS BLUE | Jason Rollins |  <ul style="list-style-type: none"> • USSF "D" License • La Liga Formation Methodology Certification • 7 Years Coaching Experience |
| 2009 (U11) | '09 BOYS BLACK | Jerry Clements |  <ul style="list-style-type: none"> • USSF "D" License • 10 Years Coaching with Chesapeake United • 18 Years Coaching Experience |
| 2009 (U11) | '09 BOYS BLUE | TBA | TBA |
| 2008 (U12) | '08 BOYS BLACK | Kristin Carden |  <ul style="list-style-type: none"> • USSF "C" License • United Soccer Coaches Diplomas: Director of Coaching, Small-Sided Games, Technical Development of the Competitive Player, Youth Club Administrator Professional Development • Goalkeeping Level 1 & 2 Diplomas • Former Division 1 College Soccer Player: 4 Year Starter (Virginia Tech & Virginia Commonwealth), 4 Year All-Conference Player (ACC, CAA, Atlantic 10) • NSCAA All-American |
| 2008 (U12) | '08 BOYS BLUE | Jason Rollins |  <ul style="list-style-type: none"> • USSF "D" License • La Liga Formation Methodology Certification • 7 Years Coaching Experience |
| 2006/2007 (U13/U14) | '06 BOYS BLACK | Tyler Ellis |  <ul style="list-style-type: none"> • Former ODU Club Soccer Player • Former Western Branch Varsity Player • Former CSL Travel Player • 10+ Years Travel Soccer Experience |
| 2005/2004 (U15/U16) | '04 BOYS BLACK | TBD | TBD |
| 2002/2003 (U17/U18) | '02 BOYS BLACK | Jerry Clements |  <ul style="list-style-type: none"> • USSF "D" License • 10 Years Coaching with Chesapeake United • 18 Years Coaching Experience |
| 2001 (U19) | '01 BOYS BLACK | TBD | TBD |

GIRLS U9 - U19

| BIRTH YEAR | TEAM | COACH | CREDENTIALS |
|---------------------|-----------------|----------------|--|
| 2011 (U9) | '11 GIRLS BLACK | Steve Jelf |  <ul style="list-style-type: none"> • Originally from Plymouth, England • USSF "D" License • 16 years coaching experience • CUSC Coach Since 2005 • VPL, VSLI, and TASL Coach |
| 2011 (U9) | '11 GIRLS BLUE | Sam Frowen |  <ul style="list-style-type: none"> • USSF "E" License • Current Chesapeake United Academy Staff • Current Grassfield High School Assistant Coach • Former ODU Women's Soccer Player |
| 2010 (U10) | '10 GIRLS BLACK | Steve Jelf |  <ul style="list-style-type: none"> • Originally from Plymouth, England • USSF "D" License • 16 years coaching experience • CUSC Coach Since 2005 • VPL, VSLI, and TASL Coach |
| 2009 (U11) | '09 GIRLS BLACK | TBD | TBD |
| 2008 (U12) | '08 GIRLS BLACK | Kristin Carden |  <ul style="list-style-type: none"> • USSF "C" License • United Soccer Coaches Diplomas: Director of Coaching, Small-Sided Games, Technical Development of the Competitive Player, Youth Club Administrator Professional Development • Goalkeeping Level 1 & 2 Diplomas • Former Division 1 College Soccer Player: 4 Year Starter (Virginia Tech & Virginia Commonwealth), 4 Year All-Conference Player (ACC, CAA, Atlantic 10) • NSCAA All-American |
| 2006/2007 (U13/U14) | '06 GIRLS BLACK | John Lentini |  <ul style="list-style-type: none"> • USSF "D" License • 11+ Years Coaching Experience • Former Indian River High School Player • Former Churchland Soccer League Youth Player |
| 2005 (U15) | '05 GIRLS BLACK | Kevin Ellis |  <ul style="list-style-type: none"> • USSF "D" License • 20+ Years Coaching Experience • NSCAA Goalkeeping Level 1 Diploma • NSCAA Special Topics Certificates - Attacking & Defending • Grassfield High School Head Varsity Coach '08 - Present <ul style="list-style-type: none"> • Record – 106-44-13 • 4-time District Champion • 3-time District Coach of the Year |
| 2004/2003 (U16/U17) | '03 GIRLS BLACK | TBD | TBD |
| 2002/2001 (U18/19) | '01 GIRLS BLACK | TBD | TBD |