



WINTER TRAINING

January & February, 2023

Contact: info@chesapeakeunited.com || 757.271.8619 || www.chesapeakeunited.org

Chesapeake United Soccer Club offers training opportunities throughout the winter months to keep current players at the top of their game and offer new players a chance to try the sport. Players will be grouped by age and ability level in the interest of creating the best training environment for each individual. For eight weeks, outdoor technical training will be offered on Wednesday & Thursday nights beginning January 4 and INDOOR futsal games will be played on Sundays beginning January 8. Winter Training is open to ALL players born between 2005 and 2017 **whether or not they are currently on a team at Chesapeake United**. All sessions are planned and facilitated by the U.S. Soccer licensed, professional coaching staff at Chesapeake United. All players are encouraged to attend all sixteen sessions of Winter Training though this is not required. For more information and registration, please see below.

WEEKDAY OUTDOOR SESSIONS @ CENTERVILLE PARK

WEDNESDAYS: JAN 4, 11, 18, 25; FEB: 1, 8, 15, 22 THURSDAYS: JAN 5, 12, 19, 26; FEB 2, 9, 16, 23

	SESSION 1	SESSION 2	SESSION 3	SESSION 4
WEEKDAY:	WEDNESDAY	WEDNESDAY	THURSDAY	THURSDAY
TIME:	5:30 – 6:45pm	6:45 – 8:00pm	5:30 – 6:45pm	6:45 – 8:00pm
ADVANCED/NEW REGISTRANTS:	2012 – 2014 BOYS & GIRLS	2005 – 2011 BOYS & GIRLS	2012 – 2017 BOYS & GIRLS	2005 – 2011 BOYS & GIRLS
COMPETITIVE TEAMS:	-	-	12B WHT, 12G BLK, 13B BLK, 13G BLK, 14B BLK, 14B WHT, 14B BLU, 14G BLK	05G BLK, 08B BLK, 10B BLK, 10B WHT, 10G BLK, 11B BLK, 12B BLK

SUNDAY INDOOR SESSIONS @ OSCAR SMITH HIGH SCHOOL GYMNASIUM

SUNDAYS: JAN 8, 15, 22, 29; FEB 5, 12, 19, 26

	SESSION 1	SESSION 2	SESSION 3	SESSION 4	SESSION 5	SESSION 6
TIME:	9:00–10:00am	10:00–11:00am	11:00–12:00pm	12:00–1:00pm	1:00–2:00pm	2:00–3:00pm
ADVANCED/NEW REGISTRANTS:	2015, 2016, 2017 BOYS & GIRLS	2014 BOYS & GIRLS	2013 BOYS & GIRLS	2012 BOYS & GIRLS	2010 & 2011 BOYS & GIRLS	2005-2009 BOYS & GIRLS
COMPETITIVE TEAMS:	-	14B WHITE, 14B BLUE, 14G BLACK	13B BLACK, 14B BLACK, 13G BLACK	12B BLACK, 12B WHITE, 12G BLACK	11B BLACK, 10B WHITE, 10G BLACK	10B BLACK, 08B BLACK, 05G BLACK

ALL PLAYERS: \$195.00 for 16 sessions (8 indoor, 8 outdoor)

Winter Training is INCLUDED in COMPETITIVE PROGRAM FEES - Competitive Players DO NOT Register.

****2005-2017: ALL PLAYERS CLICK HERE TO REGISTER****

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